

Acknowledgements

The *Mental Health Primary Care in Prison* would not have been possible without the advice, support and collaboration of primary-care workers in prisons, researchers, mental-health and legal specialists, policy workers in the Department of Health and the Prison Service, the World Health Organisation and other agencies, prison officers and prisoners. The WHO Collaborating Centre for Research and Training for Mental Health and the Institute of Psychiatry thank the following for their valuable collaboration.

Organisations

The World Health Organisation
The Royal College of General Practitioners
The Royal College of Psychiatrists
The Royal College of Nursing
The Faculty of Public Health Medicine
HM Prison Service, especially the Training and Development Group Health Care Policy Unit, the Health Care Task Force, the Safer Custody Group, Psychology and Probation Unit, the Women's Policy Unit and the Young Offenders' Policy Unit and the Juvenile Operational Policy Group
The Mental Health Branch, Department of Health
The Association of Chief Officers of Probation.

Editorial Board

Dr Paul Armitage, Senior Medical Officer, HMP Dorchester, then HMP Holloway; Dr Sue Bailey, Consultant Adolescent Forensic Psychiatrist, Mental Health Services of Salford NHS Trust; Lindsay Bates, Head of Nursing, Health Task Force, HM Prison Service; William Bingley, Professor of Mental Health Law & Ethics, University of Central Lancashire; Colin Dale, Forensic Nurse Consultant; Dr Mike Farrell, The Addiction Resource Centre, South London & Maudsley NHS Trust; Steve Gannon, MBE — Prison Nurse and representative of the Royal College of Nursing; Professor Kevin Gournay, Professor of Psychiatric Nursing, Institute of Psychiatry; Mr Alan Hornett, Health Care Officer, HMP Belmarsh; Professor John Gunn, Professor of Forensic Psychiatry, Institute of Psychiatry and representative of the Royal College of Psychiatry; Dr Cliff Howells, Medical Director, Health Task Force, HM Prison Service; Dr G O Ivbijaro, Representative of the Royal College of General Practitioners; Dr John MacInnes, Senior Medical Officer, HMP Aylesbury; Stuart McPhillips, representative of the Association of Chief Officers of Probation; Professor Rachel Jenkins, Director, WHO Collaborating Centre, Institute of Psychiatry; Dr Peter Misch, Department of Adolescent Mental Health, South London & Maudsley NHS Trust; Dr David Ndegwa, South London and Maudsley NHS Trust; Dr Janet Parrot, Clinical Director, Bracton Centre, Oxleas NHS Trust; Jo Paton, WHO Collaborating Centre, Institute of Psychiatry; Dr Mary Piper, Health Policy Unit, HM Prison Service; Ms Ingrid Posen, Head Safer Custody Group, HM Prison Service; Dr Harry Rutter, Representative of the Faculty of Public Health Medicine; Graeme Sandell, Head of Mental Health, NACRO; Revd Peter Stell, Chaplain, HMP Grendon Underwood & Spring Hill; Caroline Stewart, Women's Policy Unit, HM Prison Service; Professor Graeme Towl, Head of Psychology and Probation, HM Prison Service; Professor Andre Tylee, Professor of Primary Mental Health Care, Institute of Psychiatry; Dr John Reed, Medical Director, HM Prison Service Inspectorate; Dr Wolfgang Rutz, Mental Health Unit, Regional Office for Europe, WHO; Mr David Waplington, Juvenile Operational Policy Group, HM Prison Service; Mr Andy Weir, Clinical Director of Healthcare, HMP Brixton; Dr Ellen Wilkinson, Consultant Psychiatrist, Truro, Cornwall; Dr Bedirhan Ustun, WHO.

Primary authors and specialist advisors

Adolescent Conduct Disorder, Paton J, Maden A (authors), Bailey S, Misch P (specialist advisors).
Assessing and Managing People at Risk of Suicide, adapted by Paton J from Andrew G, Jenkins R (eds). *Management of Mental Disorders* (1999), Gunn J (specialist advisor).
Assessment & Management Following an Act of Self-harm, Paton J, Crowe M, Bunclark J.
Attention Deficit/Hyperactivity Disorder, Gaskin C, Paton J (authors), Bailey S, Toone B, Misch P (specialist advisors).
Child Protection, Paton J, Hancock M (authors), Gabbidon P, Poulney P (specialist advisors).
Comorbidity of Mental Illness and Substance Misuse, Farrell M, Palmer J, Paton J, Gardiner P.
Dirty Protests and Mental Disorder, Ndegwa D.

Domestic Violence, Paton J, Means S.

Emergency Management of Poisoning/Overdoses, Wiseman H, Butler J, colleagues in the Medical Toxicology Unit, Guys & St Thomas' Hospital, London.

Emergency Treatment Without Consent Under Common Law, Ndegwa D, Bingley W, Snow G.

Emotional Disorders in Young People, Jasper A, Paton J (authors), Bailey S, Misch P (specialist advisors).

Ethical Issues, Ndegwa D, Bingley W, Paton J, McInnes J, Misch P (authors), Gadd E, Snow G, Wright K (specialist advisors).

Food Refusal and Mental Disorder, Cummings I, Parrot J, Paton J, Bingley W, McInnes J (authors), Gadd E, Wright K (specialist advisors).

General Issues in Young People, Paton J, Misch P.

Helping Victims of Sexual Assault, Paton J, Mezey G (authors), Norton K (specialist advisor).

Learning Disability, O'Brien G, Milne E, Thornton P, English G, Paton J (authors), McInnes J (specialist advisor).

Managing Aggression and Violence, adapted by Paton J, Dale C from Andrew G, Jenkins R (eds). *Management of Mental Disorders* (1999).

Managing the Interface with the NHS and Other Agencies, Wilkinson E, Ndegwa D, Paton J (authors), Armitage P, Telfer J, Maden A (specialist advisors).

Medications Used for Mental Health Problems, adapted by Paton J (author), Lader M, Taylor D, Reuben J (specialist advisors).

Problems with the Mother and Baby Relationship, McGauley G, Hughes P, Paton J.

Nursing a Patient with a Severe Psychotic Illness, Paton J, Noakes J.

Observing a Patient at Risk of Suicide, Dale C (author), Gannon S (specialist advisor).

Offending Behaviour Programmes, Paton J (author), Mann R, Rhodes L (specialist advisors).

Personality Disorder, Paton J (author), Blumenthal S, Cummings I, Moran P, Norton K, Telfer J (specialist advisors).

Postnatal Depressive Disorder, McGauley G, Cantwell R, Paton J (authors), Marks M, Seneviratne T, Taylor D (specialist advisors).

Postnatal Psychosis, Cantwell R, Paton J, McGauley G (authors), Marks M, Seneviratne T (specialist advisors).

Prevalence of Mental Disorders, Paton J (author), Bailey S, Jenkins R, Maden T (specialist advisors).

Prisoners from Different Ethnic and Cultural Groups, Paton J, Ndegwa N (authors), Aciemovic A, Baff S, Turner J (specialist advisors).

Prisoners with Complex Presentations and Very Difficult Behaviours, Ndegwa D.

Problems in the Mother–Baby Relationship, McGauley Gill, Hughes P, Paton J.

Psychosis in Young People, Paton J, Byrne P (authors), Misch P (specialist advisor).

Responding to People Who Disclose That They were Abused as Children, Paton J, Hancock M (authors), Feigenbaum J, Mezey G, Norton K (specialist advisors).

Use of the Mental Health Act England and Wales, Paton J, Wilkinson E; Bingley W.

Working with Voluntary and Community Agencies, Paton J.

The Guidelines on Specific Mental Disorders, adapted for the prison situation by Paton J, Wilkinson E, Jenkins R with the help of Clarke A, Dagger S, Dulson D, Palmer J, Walker N.

The Directory of Voluntary and Community Agencies, compiled by Paton R.

Further Reading and Websites and Training Resources, compiled by Paton Jenny.

Information for prisoners and prison officers

Coping with Anxiety, adapted for prisoners by Hards S.

Coping with Depression, adapted for prisoners by Patmore C.

Personality (Behavioural) Disorders, Paton J, Harrison M.

Drug Use and Mental-health Problems, Paton J, Palmer J, Marteau D.

Getting a Good Night's Sleep, adapted for prisoners by Patmore C.

Harm Minimisation Advice to Drug Users, adapted by Brewin L, Dual Diagnosis Trainer, the Institute of Psychiatry.

Suicide Prevention, Paton J, Snow L.

Learning Disability, adapted by Paton J.

Mothers and Babies: the Psychological Issues, McGauley G, Hughes P, Paton J.

Immediate Management on Discovery of an Incident of Self-harm, adapted Paton J.

Traumatic Stress: Learning to Cope, adapted by Hards S.

Working with a Prisoner with Severe Mental Illness, Paton J, Noakes J.

Understanding Self-injury, Snow L, Paton J.

Commenters or providers of material

Mike Armstrong, Principal Officer, HMP Low Newton; Dr MK Bradley, HMP Exeter; Dr Claire Diamond, Adolescent Psychiatrist; Keith Green, Suicide and Self Injury Project, 42nd Street; Kevin Gournay, Professor of Psychiatric Nursing, Institute of Psychiatry; Marc Harrison, Head of Health Training, HM Prison Service; David Hillier, Prison Health Policy Unit; Dr Cliff Howells, Medical Director, Prison Health Task Force; Dr Dilys Jones, Home Office; Carol Kellas; Dr Graham Martin, Head of Learning Disabilities, RCG; Dr John MacInnes, HMP Aylesbury; Dr Mark Morris, Director of Therapy, HMP Grendon Underwood; Albert Persaud, public health specialist; Dr Mary Piper, Health Policy Unit, HM Prison Service; Dr Christina Pourgourdes; Dr Roger Ralli, PMO, HMYOI; Glen Parva; Simon Reeve, Health Policy Unit, HM Prison Service; John Reuben, Principal Pharmacist, HMP Norwich; Paul Rogers, Forensic Nurse; John Roughton, York Social Services; Liz Ryan, Prison Health Task Force; Debbie Sharp, Professor of Primary Care, University of Bristol; Dr Jenny Shaw, University of Manchester; Nick Snowden, Juvenile Operational Management Group, HM Prison Service; Caroline Stewart, Women's Policy Unit, HM Prison Service; Dee Taylor, Family Therapist, HMYOI Feltham; David Taylor, Chief Pharmacist, South London & Maudsley NHS Trust; Graeme Towl, Head of Psychology and Probation, HM Prison Service; Andre Tylee, Professor of Primary Mental Health Care, Institute of Psychiatry; Lynne Wibberley, Prison Service Health Policy Unit; Anita Wilson, Ethnologist, Trust for the Study of Adolescence; Guy Woollven, HM Prison Service.

Members of consensus groups

Dr Paul Armitage, SMO, HMP Holloway; Dr Sue Bailey, Adolescent Forensic Psychiatrist; William Bingley, Professor of Mental Health Law and Ethics; Marion Bullivant, Criminal Justice Mental Health Liaison Service, Liverpool; Jennifer Butler, Medical Toxicology Unit; Dr Clark, Senior Medical Officer, HMP Frankland; Dr David Crighton, Senior Principal Psychologist, Kent, Surrey and Sussex Area; Dr Michael Crowe, Crisis Recovery Unit, South London & Maudsley Hospital; Dr Ian Cummings, Bracton Centre, Oxleas NHS Trust and HMP Belmarsh; Colin Dale, Forensic Nurse Consultant; Sue Dagger, Health Care Manager, HMP Long Lartin; Dr Claire Diamond, Adolescent Forensic Psychiatrist; Dr Mike Farrell, Addiction Centre, South London and Maudsley NHS Trust; Dr Claire Gaskin, Adolescent Forensic Psychiatrist; Dr Steven Geoffreys, General Practitioner, formerly of HMYOI Feltham; Kevin Gournay, Professor of Psychiatric Nursing, Institute of Psychiatry; Keith Green, Suicide and Self Harm Project, 42nd Street; John Gunn, Professor of Forensic Psychiatry, Institute of Psychiatry; Edwin Gwenzie, Department of Psychiatric Nursing, Institute of Psychiatry; Professor Keith Hawton, Suicide Research Centre, University of Oxford; Gary Hogman, National Schizophrenia Fellowship; Alan Hornett, Health Care Officer, HMP Belmarsh; Dr Gabriel Ivbijaro, RCGP; Professor Rachel Jenkins, Director WHO Collaborating Centre, Institute of Psychiatry; Dr Peter Kent, Senior Medical Officer HMP Bristol; Malcolm Lader, Professor of Psychopharmacology, Institute of Psychiatry; Sara Lewis, Revolving Doors; Sarah Mackereth, Probation Officer and researcher; Juliet Lyon, Director, Prison Reform Trust; Tony Maden, Professor of Forensic Psychiatry, Ealing, Hammersmith & Fulham NHS Trust; Sylvie Means, WHO; Jenni McCarthy, The Samaritans; Dr John McInnes, SMO, HMP Aylesbury; Stewart McPhillips, Association of Chief Officers of Probation; Dr Peter Misch, Adolescent Forensic Psychiatrist; Dr Mark Morris, Director of Therapy, HMP Grendon Underwood; Dr David Ndegwa, Consultant Forensic Psychiatrist Maudsley NHS Trust; Robert Newman, Youth Justice Board; Clem Norman, Governor, HMP & YOI Reading; Anne Norton, HMP & YOI New Hall; Dr John O'Grady, Chair Independent Prison Review Group; Jan Palmer, Detoxification Manager, HMP Holloway; Dr Janet Parrot, Clinical Director, Bracton Centre, Oxleas NHS Trust; Jo Paton, WHO Collaborating Centre, Institute of Psychiatry; Louise Pembroke, National Self Harm Network; Jan Picken, Primary Care Manager, HMP Belmarsh; Dr Mary Piper, Prison Service Health Policy Group; Ingrid Posen, Head of Safer Custody Group, HM Prison Service; Dr Roger Ralli, Senior Medical Officer, HMP Glen Parva; Dr John Reed, Prison Service Inspectorate, John Reubens, Pharmacist, Prison Health Task Force; Dr Harry Rutter, Faculty of Public Health Medicine; Graeme Sandell, NACRO; Sharon Scottorn, HMP Glen Parva; Dr Jenny Shaw, University of Manchester; Andy Smith, Mental Aftercare Association; Graeme Snow, Prison Service Health Policy Unit; Louisa Snow, researcher; Dylan Southern, Department of Psychiatric Nursing, Institute of Psychiatry; Caroline Stewart, Women's Policy Unit, HM Prison Service; Dee Taylor, Psychotherapist, HM YOI Feltham; Professor Graeme Towl, Head of Psychology and Probation, HM Prison Service; Dr Glyn Volans, Director, Medical Toxicology Unit; Dr Walker, Forensic Psychiatric Service, Nottingham, until recently SMO at HMP Manchester; David Waplington, Area Manager; Andy Weir; Dr Ellen Wilkinson, Consultant Psychiatrist; Anita Wilson, Trust for the Study of Adolescence; Steve Wright, Department of Psychiatric Nursing, Institute of Psychiatry.

Prison Service healthcare staff

We are grateful to the 46 prison doctors, nurses and healthcare officers who replied to our two surveys and particularly to the following who sent comments or material: Dr Paul Armitage, SMO, HMP Dorchester; Dr A D Clarke, SMO, HMP Frankland; Kevin Corcoran, Health Care Manager, HMP Woodhill; Sue Dagger, In-patient Manager, HMP Long Lartin; P O Davis, Health Care Manager, HMP Littlehay; Stephanie Dulson, Head of Health Care, HMP Styal; Ms A Farrell, HMP Cookham Wood; Graham Faulkner, Charge Nurse, HMP Brockhill; Dr Garside, HMP Doncaster; Chris McCabe, Health Care Manager, HMP Altcourse; Kenneth McGeachie, HMP Glenochil; Dr R Jones, HMP Swansea; T Kavenagh, HCO, Bedford;

Anne Norton, Health Care Manager, HMP New Hall; Jan Picken, Primary Care Nurse, HMP Belmarsh; Simon Rogers, HMP Parc; Dr N D Walker, Clinical Director, HMP Manchester; Andy Weir, Clinical Director, HMP Brixton; Dr Brian Whiting, HMP Canterbury; Keith Wilson, Health Care Manager, HMP Pentonville.

Financial support

We are grateful to the following for their help. The NHS Forensic Mental Health R&D Programme for funding the development of the guide. Marc Harrison, Head of Health Training, Training and Development Group, HM Prison Service, for funding the cost of copies for Prison Service staff. The Department of Health for funding the cost of copies for prison leads in Primary Care Trusts. The Health Services Research Directorate, Institute of Psychiatry, King's College London, for support in kind.

Other supporters

Dr Joe Neary, Head of Clinical Programmes, Royal College of General Practitioners; Kenny McGeachie, Head of Health Care, HMP Glenochil and a representative of the Scottish Prison Service; Dr Alan Mitchell, Medical Director, Scottish Prison Service; Sally Newton, Northern Ireland Prison Service.

Editorial

Editing was done by Jo Paton and Rachel Jenkins with help from Samantha Maingay, Jane Penn and Harry Rutter.

Administrative help

Julie Smith, Jenny Paton and Richard Paton.

Managing Editor

Jo Paton and Professor Rachel Jenkins.

Permissions

We are grateful to the following for permission to use or adapt their material:

Addiction Centre, Institute of Psychiatry, King's College, London (SADQ, SODQ).

HM Prison Service, *Management of an Inmate at Risk of Suicide*— checklist for Prison Officers.

Home Office, leaflet on *Domestic Violence*.

Mentality, Stress and Stress Reactions in Refugees.

National Association for the Care and Rehabilitation of Offenders, *Just Imprisoned*.

North East London Mental Health NHS Trust, *Stress and Stress Reactions for Refugees*.

Nottingham Alcohol and Drug Team, *Harm Reduction* leaflet, adapted, with permission, by Liz Brewer, Dual Diagnosis Trainer, Institute of Psychiatry, from: *Problem Drug Use: A Guide to Management in General Practice*.

Royal College of Psychiatrists, *Brief Risk Indicator Check List*.

Scottish Prison Service, *Nurse Initial Assessment Form, Example of Communication Sharing Proforma*.

Treatment Protocol Project, Sydney, WHO Collaborating Centre for Mental Health and Substance Misuse (Permission to adapt *Managing Aggression and Violence* and to include an MSE Form, drug -use diary, early warning signs form, food and behaviour diary.)

WHO (Regional Office for Europe) Health in Prisons Project (Health promotion checklist for managers taken from *Mental Health Promotion in Prisons*.)